



Police Tactical Association

presents: **Danny Lane**

Weapons Disarmament & Retention Tactics

Welcome to the New York Tactical Association, my name is Danny Lane, and I am honored to be here to share my knowledge, experiences and techniques that I have used in combat and taught law enforcement and military personnel the world over during my 42 years of experience.

About Danny Lane:

He's a highly decorated U.S. Marine Vietnam combat veteran. He was wounded twice in combat and awarded 2 Purple Hearts, Bronze Star and numerous other unit and mission citations.

He is a retired Police Officer, where he served in SWAT, Drug Task Force, Homicide and Major Crimes Detective and Police Academy Defensive Tactics Instructor.

He have been a Bodyguard to many entertainment Stars including Chuck Norris, Whitney Houston, the Temptations and several Corporate VIP'S.

Enough about Dannylet's get started:

You know there are literally hundreds of different techniques taught by martial arts instructors or defensive tactics instructors to defend yourself against the SAME attack. It just depends on what STYLE, what INSTRUCTOR and what SEMINAR you were exposed to. Many of them seem to make a SIMPLE task of defense more COMPLEX than it has to be.

If you want to see what I mean log onto YouTube.Com sometime and watch some of the Police Defensive Tactics videos online and you'll see what I mean. You can tell that most of these instructors have NEVER been in a real combat or street encounter in their life.

Officers, you DON'T have to be any belt in martial arts to effectively defend yourself as a police officer and you don't need a MILLION ways to do it. You just need techniques that are;

SAFE, FAST, EASY & EFFECTIVE!

The two most important things to remember more than the Physical aspect is PREVENTION and MIND SET!

1. **PREVENTION is the key to SAFETY!** This means you need to formulate a quick plan on your approach into any hostile environment and anticipate WHAT, WHERE and HOW any attack could come and put your life and your weapon in danger of being taken. Know what could and may happen and already be prepared to defend yourself BEFORE it happens.
2. **MINDSET** (mental training and your physical training) for combat is essential as it arms you with the tools and knowledge needed to carry out and survive a combat situation.
 - a. Death *is* a fact of life, and although it may seem to run counter to moral standards, death inflicted with intent is also a fact of life. At times a man is forced to kill or be killed, and at others, a man must choose to kill in defense of family, country, or in the name of justice.
 - b. Killing, as you know is considered wrong by every natural and cultured instinct possessed by man. To deliberately take the life of another human being requires extreme conditioning on the psychological level as well as the conditioning achieved through concentrated physical training. All life is precious, but there are times when a man must take hold of the sword and wreak destruction on other men. You will know as I did when, where, the time and place that justifies the slaying of another human being. Sometimes, the choice is not ours to make.
 - c. Your combative mind set can be developed through well disciplined, rigorous training and gaining confidence in your abilities and skills such as this seminar.
 - d. What you bring to the fight will dictate the outcome of the fight. Having a winning mindset and a positive attitude will only enhance the officer's odds of survival.
 - e. If you get into a fist fight you might get punched, if you get into a knife fight you might get cut, and if you get into a gunfight you might get shot. It doesn't mean the fight is over, it just means you may have to finish the fight a little differently than you had originally planned.
 - f. You CAN enhance your physical skills subconsciously by programming yourself mentally through meditation and visualization. Visualization is programming the brain with repetitions of vivid images of you performing the techniques and your reaction to your physical threat. You can practice visualization hundreds or thousands of times a day in your mind without moving a muscle. In brief, just close your eyes and get to a mental state where you can see yourself vividly performing the techniques exactly like you do in real life and being successful in your mission.
 - g. The last and most important test of course is the "real combat" experience itself.

Now that OUR MIND IS SET? LET'S TRAIN!

There are so many situations, environments, lighting, angles and adversaries to prepare for it is difficult to simulate all of them. It depends if you are carrying your service firearm on your side, in a shoulder holster or having a tactical rifle or shotgun in the ready position.

I always say there are WAYS and then OTHER WAYS to accomplish the same result. No technique is wrong if it is successful but YOU have to decide individually what techniques are the best suited for you, your size, your skill level and your mental attitude.

5 Stages of Training

1. Mental –
2. Physical –
3. Psychological –
4. Physicsl –
5. Spiritual

5 Basic Rules for RETENTION of weapons!

1. RETAIN: your weapon, keep control of your weapon at all costs. You have to know that any person that would grab your weapon intends on killing you.
2. NEUTRALIZE: stun your opponent, with an offensive diversionary or stunning tactic to disorientate the adversary.
3. MANEUVER: to an advantage point, break the distance or balance, neutralize his strength of position and begin the counter to his a action.
- 4, SECURE: break the hold away and get the opponent disabled with your choice of retention or disarm techniques.
4. CONTROL: techniques to arrest them, pin him and secure him for handcuffing or to wait for backup.

I hope I helped you in any way as only ONE THING can SAVE your life or the life of your partners.

Danny Lane

Police/Military/Martial Arts Defensive Tactics Instructor

